

When completing each section of your DofE, you should develop a programme which is specific and relevant to you. This sheet gives you a list of programme ideas that you could do or you could use it as a starting point to create a programme of your own!

For each idea, there is guidance on how to do it, which you can find under the links on [www.dofe.org/](https://www.dofe.org/)

You can use the handy programme planner on the website to work with your Leader to plan your activity.



### **H**elping others:

- Helping children to read in libraries
- Helping older people
- Helping people in need
- Helping people with special needs
- Youth work

### **C**ampaigning & safety:

- Campaigning
- Cyber safety
- Council representation
- Drug & alcohol education
- Home accident prevention
- Peer education
- Personal safety
- Promotion & PR
- Road safety

### **W**orking with nature:

- Animal welfare
- Environment
- Rural conservation
- Preserving waterways
- Working at an animal rescue

---

---

---

---

---

## G &

Cards (i.e. bridge)  
Chess  
Clay target shooting  
Cycle maintenance  
Darts  
Dominoes  
Fishing/fly fishing  
Flying  
Gliding  
Go-karting  
Historical period re-enacting  
Kite construction & flying  
Mah Jongg  
Marksmanship  
Model construction & racing  
Motor sports  
Power boating  
Snooker, pool & billiards  
Sports appreciation  
Sports leadership  
Sports officiating  
Table games  
War games

## L

Alternative therapies  
Cookery  
Democracy in action  
Digital lifestyle  
Driving: car maintenance/car  
road skills  
Driving: motorcycle  
maintenance/road skills  
Event planning  
First Aid – St John/St  
Andrew/BRCS  
Hair & beauty  
Learning about the  
emergency services  
Learning about the RNLI  
(Lifeboats)  
Library & information skills  
Life skills  
Massage  
Money management  
Navigation  
Public speaking and debating  
Skills for employment  
Young Enterprise

## L &

Aeronautics  
Amateur competition  
Anthropology  
Archaeology  
Astronautics  
Astronomy  
Bird watching  
Coastal navigation  
Coins  
Collections, studies & surveys  
Comics  
Contemporary legends  
Costume study  
Criminology  
Dowsing & divining  
Fashion  
Forces insignia  
Gemstones  
Genealogy  
Heraldry  
History of art  
Language skills  
Military history  
Movie posters  
Postcards  
Reading  
Religious studies  
Ship recognition  
Stamp collecting

## M &

Amateur m<sup>a</sup>ding